

Recover&Build

Anti-Catabolic BCAA Complex



WHAT IS IT?

- An anti-catabolic BCAA - branched chained amino acid complex

WHO IS IT FOR?

- Adult exercisers and athletes seeking to reduce muscle damage, soreness and potentially enhance recovery and muscle protein synthesis



WHAT ARE THE BENEFITS?

- Increases muscle protein synthesis
- Decreases muscle protein breakdown
- Reduces overtraining symptoms

WHAT MAKES THIS PRODUCT UNIQUE?

- Unique Leucine-spiked formula to trigger muscle protein synthesis
- Contains the branched chain amino acids, leucine, isoleucine and valine in a ratio and potency supported by clinical evidence
- Manufactured in a regularly inspected NSF Certified facility with Good Manufacturing Practices

BCAA

- **LUECINE**
- **ISOLUECINE**
- **VALINE**